

Washing Instructions:

100% cotton fabric, with polyester batting.

Wash your EllaRoo Baby Sling in cold water, gentle cycle, with mild detergent. Hang the sling by the rings to dry overnight.

Safety Precautions:

- If you cannot pull the sewn part of the tail completely through the rings, do not use the sling. You need a larger size.
- **Newborns:** Be sure that the fabric of the sling creates a pouch that baby can settle into, with the rails pulled snug.
- **Toddlers:** The most secure position for the fabric rails is pulled up to the armpits, and all the way to the knees (see pictures for examples). Be alert for arching of the back, and for straightening of the body, both of which can cause the fabric to shift.
- As with any baby sling, please remember that your baby is not tied in. Always be aware of your baby's position in the sling.

We value your opinion!

If you have any comments, concerns, praise, or suggestions, please contact us: comments@ellaroo.com

ÈllaRoo

Lightly Padded Baby Sling



www.EllaRoo.com
EllaRoo Baby Carriers are sold through distributors like you.
~Distributorships Available~

XS S M L

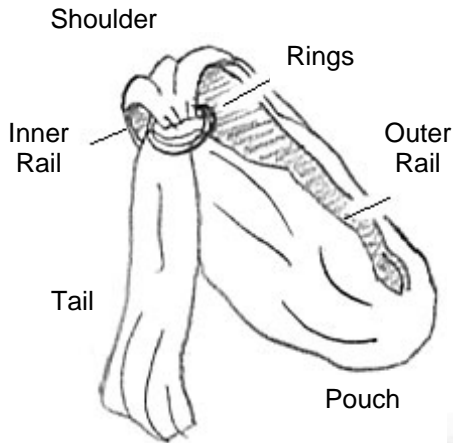
Before you begin, please read the safety precautions on the reverse side.

General Wearing Tips:

- The purpose of a baby sling is to replace your arms in holding baby in a normal position (e.g. cradled, on the hip). To that end, you should hold baby in the position that you and he prefer, and tighten the sling around him until you can remove your arms without losing the position.
- Success with any baby sling takes a little practice. You can ease the process by making sure that baby is fed, rested, and happy before you try the sling the first few times. It won't be long before you will both turn to the sling for comfort.
- Sometimes newborns looked "smooshed" in the cradle hold. This is generally more of a concern to the parent than to the child. If he's uncomfortable, he will let you know!

Place the sling over one shoulder, with the shoulder cap on the ball of your shoulder and the rings just below your shoulder. Make sure that the fabric is spread across your back, untwisted and without slack. Take baby in your arms and position in a way that you would normally hold him. Pull the fabric of the pouch up around baby and your arm. Support baby from the outside of the sling with your other arm, pull the first arm out of the pouch, and support baby in the natural position with the first arm. Tighten the sling through the rings, making separate adjustments to the inner and outer rails, as well as the middle of the pouch, until the sling is fully supporting baby in the desired position. Now move! Baby will acclimate to the sling much faster if you walk around while he's getting used to it. Enjoy your freedom!

Anatomy of a Baby Sling:



Cradle Carry

(newborn & nursing)

Good for infants and for nursing, you can position the baby's head either toward or away from the rings. Hands-free nursing can be accomplished by adjusting the pouch depth to support baby's body and the outer rail to support baby's head.



Tummy Carry

(infant)

Many babies do not like to lie in the cradle position. Don't worry! The tummy carry makes most babies happy. When babies are very young, tuck their feet under them like a frog, with the fabric of the pouch between you and baby. Before baby has head control, make sure that the outer rail is pulled up to support the neck.



Hip Carry

(after head control)

This position will last you from head control through "too heavy"! Make sure that the outer rail is tightened snugly, to keep baby close to your center of gravity, and that the inner rail is pulled all the way to the knees, for baby's comfort and security.



Back Carry

(1 year & up)

This position is best for short periods, to keep prying hands away from interesting business (e.g. your checkbook, at the grocery store). Start in the hip carry position, then move baby under your arm to the back. The rings will end up in the middle of your chest. Keep the top rail tightened snugly to make this position secure.